

LES MILLS JULY RELEASE NEW MUSIC - NEW MOUES

Bring a friend along and be the first to sample new music and choreography from Les Mills at our launch weekend on Saturday 5 and Sunday 6 October.

We'll make sure you have a great class with:

TUDDAY F AATABEI

- > FREE entry! No charge for casual visitors, members are invited to bring along a friend
- > GIVEAWAYS in every class
- > team teaching with dual instructors in select classes
- > entry into a fantastic PRIZE DRAW. We're giving away 6 x \$50 Rebel Sport vouchers to our members and 6 x one month Yarra Leisure memberships to non-members!*

SAIUR	RUAY 5	OCIOREK
Richmond	8.15am	Body Step
Richmond	9.15am	Body Pump
Collingwood	10.30am	Body Step
Richmond	10.30am	Body Attack
Fitzroy	10.30am	Body Balance
Collingwood	11.45am	Body Pump
Collingwood	4.30pm	Body Pump
Richmond	4.30pm	Body Balance

SUNL	JAIOL	JUIUDEK
Richmond	8.15am	Body Pump
Richmond	9.30am	Body Balance
Collingwood	9.30am	Body Combat
Collingwood	10.30am	Body Pump
Fitzroy	3.30pm	Body Pump
Richmond	4.30pm	Body Pump
Collingwood	4.30pm	Body Balance

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