

QUEEN'S BIRTHDAY PUBLIC HOLIDAY MONDAY 10 JUNE

INVOLVE CONNECT ENJOY

OPENING HOURS

Collingwood Leisure Centre: 8am - 6pm
Fitzroy Swimming Pool: 8am - 6pm

Richmond Recreation Centre: 8am - 6pm
Burnley Golf Course: 6:30am - 6pm

GROUP EXERCISE TIMETABLE

| COLLINGWOOD Leisure Centre | |
|-------------------------------|-----------------------------------|
| 8:15am | Aqua |
| 9:15am | Functional Circuit |
| 9:15am | Strength* Small Group Training |
| 9:15am | Aqua |
| 10:30am | Body Pump |
| 10:30am | Spin |
| 12:30pm | X-Press* Small Group Training |
| 5:00pm | HIIT* Small Group Training |

| FITZROY Swimming Pool | |
|--------------------------|-----------------------------------|
| 8:15am | Core* Small Group Training |
| 9:15am | Body Pump |
| 9:15am | Strength* Small Group Training |
| 10:30am | Yoga 1 & 2 |
| 12:30pm | X-Press* Small Group Training |
| 5:00pm | HIIT* Small Group Training |

| RICHMOND Recreation Centre | |
|-------------------------------|-------------------------------|
| 8:15am | Core* Small Group Training |
| 9:15am | Body Pump |
| 9:15am | Pavi* Small Group Training |
| 9:30am | Aqua |
| 10:30am | Yoga 1 |
| 12:15pm | HIIT* Small Group Training |
| 5:15pm | Pavi* Small Group Training |

Virtual spin at Collingwood will run as normal during our opening hours.

*Small group training sessions are only available to members with gym access.

YARRA TRIATHLON TIMETABLE

8am - Swim Squad - Richmond Recreation Centre.

LIVING LONGER LIVING STRONGER TIMETABLE

Living Longer Living Stronger sessions will not run at Richmond Recreation Centre.
The 8am and 11am sessions at Collingwood Leisure Centre will run as normal.

SWIM LESSONS AND OPEN AGE SQUAD

8am to 10am - State and National Squad - Fitzroy Swimming Pool
Swim lessons will not run.