

# PUBLIC HOLIDAY MONDAY 28 JANUARY



INVOLVE CONNECT ENJOY

## OPENING HOURS

Collingwood Leisure Centre: 8am - 6pm  
Fitzroy Swimming Pool: 8am - 8pm\*

Richmond Recreation Centre: 8am - 6pm  
Burnley Golf Course: 6am - 8pm

\*The gym will close at 6pm. If the temperature forecast is 30 degrees or over, the aquatic area at Fitzroy Swimming Pool will remain open a further hour on top of the scheduled closing time. This only applies to the aquatic area.

## GROUP EXERCISE TIMETABLE

COLLINGWOOD Leisure Centre		FITZROY Swimming Pool		RICHMOND Recreation Centre	
9:15am	Functional Circuit	8:15am	Aqua	8:15am	Core* Small Group Training
9:15am	Strength* Small Group Training	8:15am	Core* Small Group Training	9:15am	Body Pump
10:30am	Spin	9:15am	Strength* Small Group Training	9:15am	Pavi* Small Group Training
10:30am	Body Pump	9:15am	Body Pump	9:30am	Aqua
11:45am	Yoga 1	10:30am	Yoga 1 & 2	10:30am	Yoga 1
12:30pm	X-Press* Small Group Training	12:15pm	X-Press* Small Group Training	10:30am	Aqua
5:00pm	HIIT* Small Group Training	5:00pm	HIIT* Small Group Training	12:15pm	HIIT* Small Group Training
				5:15pm	Pavi* Small Group Training

Virtual spin at Collingwood will run as normal during our opening hours.

\*Small group training sessions are only available to members with gym access.

## YARRA TRIATHLON TIMETABLE

8am - Swim Squad - Richmond Recreation Centre

## LIVING LONGER LIVING STRONGER TIMETABLE

Living Longer Living Stronger sessions will not run at Richmond Recreation Centre. The 8am and 11am sessions at Collingwood Leisure Centre will run as normal.

**BURNLEY**  
9205 5048

**COLLINGWOOD**  
9205 5522

**FITZROY**  
9205 5180

**RICHMOND**  
9205 5032

[yarraleisure.com.au](http://yarraleisure.com.au)