



YARRA TRIATHLON

SESSION TIMETABLE

MONDAY 23 DECEMBER 2019 TO SUNDAY 5 JANUARY 2020

	MONDAY 23 DEC	TUESDAY 24 DEC	WEDNESDAY 25 DEC	THURSDAY 26 DEC	FRIDAY 27 DEC	SATURDAY 28 DEC	SUNDAY 29 DEC
6:00 AM	SWIM SQUAD FITZROY	SWIM SQUAD RICHMOND	YARRA LEISURE CENTRES CLOSED		SWIM SQUAD FITZROY		
8:30 AM					SWIM SQUAD RICHMOND		
9:30 AM					SWIM SQUAD FITZROY		
6:00 PM	RUN SQUAD* RICHMOND						

*Sessions marked are exclusive to Yarra Triathlon membership holders only. All participants must complete the emergency contact form prior to attending.

TRAINING LOCATIONS	COLLINGWOOD	COLLINGWOOD TRACK	ELWOOD	FITZROY	YARRA BOULEVARD	RICHMOND
	Collingwood Leisure Centre	George Knott Athletics Track	Elwood Life Saving Club	Fitzroy Swimming Pool	Yarra Boulevard, Kew - Teardrop Criterium Track	Richmond Recreation Centre
	Corner Turnbull and Hoddle St, Clifton Hill	Heidelberg Rd, Clifton Hill	11 Elwood Foreshore, Elwood	Alexandra Parade Fitzroy		Gleadell St, Richmond



YARRA TRIATHLON

SESSION TIMETABLE

MONDAY 23 DECEMBER 2019 TO SUNDAY 5 JANUARY 2020

	MONDAY 30 DEC	TUESDAY 31 DEC	WEDNESDAY 1 JAN	THURSDAY 2 JAN	FRIDAY 3 JAN	SATURDAY 4 JAN	SUNDAY 5 JAN
6:00 AM	SWIM SQUAD FITZROY	SWIM SQUAD RICHMOND	YARRA LEISURE CENTRES OPEN FROM 12PM	ERGO RICHMOND	SWIM SQUAD FITZROY		
8:30 AM					LONG RUN* RICHMOND	SWIM SQUAD FITZROY	
9:30 AM					SWIM SQUAD FITZROY		
6:00 PM	RUN SQUAD* RICHMOND					SWIM SQUAD RICHMOND	

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TRAINING LOCATIONS		
COLLINGWOOD	Collingwood Leisure Centre	Corner Turnbull and Hoddle St, Clifton Hill
COLLINGWOOD TRACK	George Knott Athletics Track	Heidelberg Rd, Clifton Hill
ELWOOD	Elwood Life Saving Club	11 Elwood Foreshore, Elwood
FITZROY	Fitzroy Swimming Pool	Alexandra Parade Fitzroy
YARRA BOULEVARD	Yarra Boulevard, Kew - Teardrop Criterium Track	
RICHMOND	Richmond Recreation Centre	Gleadell St, Richmond