

# MELBOURNE CUP PUBLIC HOLIDAY

## TUESDAY 5 NOVEMBER

### OPENING HOURS

Collingwood Leisure Centre: 8am - 6pm  
Fitzroy Swimming Pool: 8am - 6pm

Richmond Recreation Centre: 8am - 6pm  
Burnley Golf Course: 6am - 7.30pm

### GROUP EXERCISE TIMETABLE

COLLINGWOOD Leisure Centre		FITZROY Swimming Pool		RICHMOND Recreation Centre	
8:15am	Aqua	9:15am	X-Press* Small Group Training	8:15am	Circuit HIIT
9:15am	Body Pump	9:30am	Pilates 1 & 2	9:15am	Circuit HIIT
9:15am	Core* Small Group Training	10am	X-Press* Small Group Training	9:15am	Zumba
9:15am	Aqua	10:30am	Yoga 1	9:30am	Aqua
10:30am	Body Balance	12:30pm	Pavi* Small Group Training	9:30am	Spin
11:45am	Zumba	5pm	HIIT* Small Group Training	2pm	Yoga 1
12:30pm	Pavi* Small Group Training			5pm	Core* Small Group Training
5pm	X-Press* Small Group Training				

Virtual spin at Collingwood will run as normal during our opening hours.

\*Small group training sessions are only available to members with gym access.

### YARRA TRIATHLON TIMETABLE

8am - Swim Squad - Richmond Recreation Centre

### LIVING LONGER LIVING STRONGER TIMETABLE

Living Longer Living Stronger sessions will not run at Richmond Recreation Centre.  
The 8am session at Collingwood Leisure Centre will run as normal.

### SWIM LESSONS AND OPEN AGE SQUAD

8am to 9:30am - National, State and Pre-State Squad - Fitzroy Swimming Pool  
Swimming lessons will not run.