

# LABOUR DAY PUBLIC HOLIDAY MONDAY 11 MARCH



INVOLVE CONNECT ENJOY

## OPENING HOURS

Collingwood Leisure Centre: 8am - 6pm  
Fitzroy Swimming Pool: 8am - 6pm\*

Richmond Recreation Centre: 8am - 6pm  
Burnley Golf Course: 6:30am - 8pm

\*If the temperature forecast is 30 degrees or over, the aquatic area at Fitzroy Swimming Pool will remain open a further hour on top of the scheduled closing time. This only applies to the aquatic area.

## GROUP EXERCISE TIMETABLE

| COLLINGWOOD<br>Leisure Centre |                                   | FITZROY<br>Swimming Pool |                                   | RICHMOND<br>Recreation Centre |                               |
|-------------------------------|-----------------------------------|--------------------------|-----------------------------------|-------------------------------|-------------------------------|
| 9:15am                        | Functional Circuit                | 8:15am                   | Aqua                              | 8:15am                        | Core*<br>Small Group Training |
| 9:15am                        | Strength*<br>Small Group Training | 8:15am                   | Core*<br>Small Group Training     | 9:15am                        | Body Pump                     |
| 10:30am                       | Spin                              | 9:15am                   | Strength*<br>Small Group Training | 9:15am                        | Pavi*<br>Small Group Training |
| 10:30am                       | Body Pump                         | 9:15am                   | Body Pump                         | 9:30am                        | Aqua                          |
| 11:45am                       | Pilates                           | 10:30am                  | Yoga 1 & 2                        | 10:30am                       | Yoga 1                        |
| 12:30pm                       | X-Press*<br>Small Group Training  | 12:30pm                  | X-Press*<br>Small Group Training  | 10:30am                       | Aqua                          |
| 5:00pm                        | HIIT*<br>Small Group Training     | 5:00pm                   | HIIT*<br>Small Group Training     | 12:15pm                       | HIIT*<br>Small Group Training |
|                               |                                   |                          |                                   | 5:15pm                        | Pavi*<br>Small Group Training |

Virtual spin at Collingwood will run as normal during our opening hours.

\*Small group training sessions are only available to members with gym access.

## YARRA TRIATHLON TIMETABLE

8am - Swim Squad - Fitzroy Swimming Pool

## LIVING LONGER LIVING STRONGER TIMETABLE

Living Longer Living Stronger sessions will not run at Richmond Recreation Centre. The 8am and 11am sessions at Collingwood Leisure Centre will run as normal.

## SWIM LESSONS AND OPEN AGE SQUAD

Swimming lessons and Open Age Squads will not run.

**BURNLEY**  
9205 5048

**COLLINGWOOD**  
9205 5522

**FITZROY**  
9205 5180

**RICHMOND**  
9205 5032

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