

PUBLIC HOLIDAY MONDAY 27 JANUARY



INVOLVE CONNECT ENJOY

OPENING HOURS

Collingwood Leisure Centre: 8am - 6pm
Fitzroy Swimming Pool: 8am - 8pm

Richmond Recreation Centre: 8am - 6pm
Burnley Golf Course: 6am - 8pm

GROUP EXERCISE TIMETABLE

| COLLINGWOOD Leisure Centre | | FITZROY Swimming Pool | | RICHMOND Recreation Centre | |
|-------------------------------|-----------------------------------|--------------------------|-----------------------------------|-------------------------------|----------------------------------|
| 8:15am | Aqua | 8:15am | Core* Small Group Training | 8:15am | Core* Small Group Training |
| 9:15am | Strength* Small Group Training | 9:15am | Strength* Small Group Training | 8:15am | Yin Yoga |
| 9:15am | Aqua | 9:15am | Body Pump | 8:15am | Circuit HIIT |
| 9:15am | Functional Circuit | 10:30am | Yoga 1 & 2 | 9:15am | Circuit HIIT |
| 10:30am | Body Pump | 12:30pm | X-Press* Small Group Training | 9:15am | Pavi* Small Group Training |
| 12:30pm | X-Press* Small Group Training | 5:00pm | HIIT* Small Group Training | 9:30am | Aqua |
| 5:00pm | HIIT* Small Group Training | 7:00pm | Pavi* Small Group Training | 9:30am | Body Pump |
| | | | | 10:45am | Yoga 1 |
| | | | | 12:15pm | X-Press* Small Group Training |
| | | | | 5:15pm | Pavi* Small Group Training |

Virtual spin at Collingwood will run as normal during our opening hours.

*Small group training sessions are only available to members with gym access.

YARRA TRIATHLON TIMETABLE

8am - Swim Squad - Fitzroy Swimming Pool
Open Age Squad will not run.

LIVING LONGER LIVING STRONGER TIMETABLE

Living Longer Living Stronger sessions will not run at Richmond Recreation Centre.
The 8am and 11am sessions at Collingwood Leisure Centre will run as normal.

BURNLEY
9205 5048

COLLINGWOOD
9205 5522

FITZROY
9205 5522

RICHMOND
9205 5522

yarraleisure.com.au